#### January 2024 Sun Monday **Tuesday** Wednesday **Thursday** Friday Saturday Jan 1 Happy New Year! Office 5 Jan 2 No Jan 3 No Group 41:00 6 10:00 closed Peer Pressure **10:00 Family** Discipline vs Group Nutrition **Punishment** No Group 6:00 Communicatin 12:00 Open g with Your Discussion 8 11:00 Promoting Self Esteem in 7 9 12:00 10 8:00am Sub. Abuse & 10:00 11 1:00 12 10:00 Helping 13 Children Respecting **Parenting Your Child Develop** Setting Money Differences 10:00 Anger Man. for Limits/Family Management **Empathy** Children Rules 4:00 CAA: Shaken Baby 12:00 Meet. Your & 6:00 Setting Limits/Family Rules 6:00 Managing Svn. Your Child's Needs 6:00 Anger 6:00 Stress Mgmt. for Stress in Man. for Children **Parents** 14 15 MLK Day 16 17 8:00am Safe Sleep 18 1:00 19 10:00 20 10:00 12:00 10:00 Healthy Kids Open **Parenting Styles** Anger No Group **Community** 4:00 Safety in the Home Discussion Management for 6:00 Sexual Abuse Resources 12:00 Living with **Parents** 6:00 Problem **Prevention-CHIPS Clinic** 6:00 Substance **ADHD** Solving Abuse 21 23 25 1:00 Four 27 10:00 22 24 8:00am Imp. of Reading 26 10:00 Child 11:00 Healthy Kids 12:00 Aloud Elements of Dev/Age-App. Anger **Promoting Self** 10:00 Money Mgmt Connection **Expectations Management for** 12:00 Community **6:00 Respecting Differences** Esteem 4:00 Open Discussion 6:00 Substance Children 6:00 CAA: What is Child Abuse and Resources 6:00 Peer Abuse? **Parenting** 29 11:00 30 12:00 31 8:00 Prot. Factors 28 Safety in the Home Living with 10:00 Helping Your Child **ADHD Devel Empathy** 6:00 The 4:00 Parent. Styles 6:00 Protective Factors Import. of **6:00Child Development** Reading Aloud

#### February 2024

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Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1/29 11:00	1/30 12:00	1/31 8:00 Prot. Factors	1 1:00	2 10:00	3 10:00		
	Safety in the Home	Living with ADHD	10:00 Helping Your Child	Substance	Communicating	Child Abuse		
		COOTING TOWNS OF	Devel Empathy	Abuse &	with Your Children	Awareness: Shaken		
	6:00 Protective Factors	6:00 The Import. of	4:00 Parent. Styles	Parent 6:00 Helping	12:00 Parenting	Baby Syndrome		
	0.00 Trolective Pactors	Reading Aloud	6:00Child Development	Your Child	Styles			
4	5 11:00 Protective Factors	6 12:00 Four	7 8am Discipline vs.	8 1:00 CAA:	9 10:00	10 10:00		
		Elements of	Punishment	What is Child	Safety in the Home	Living with ADHD		
		Connection	10:00 Setting Limits	Abuse?				
	600 60 00 00	6:00	4:00 Anger Mgmt for	6 00 01 1	12:00 Protective			
	6:00 Child Devel/Age-App.	Communicating	Parents	6:00 CAA:	Eastons			
	Expectations	with Your Children	6:00 Anger Mgmt for Children	Shaken Baby Syndrome	Factors			
11	12 11:00 Substance Abuse	13 12:00 Substance	14 8:00 Promoting Self-	15 1:00	16 10:00 Anger	17 10:00		
11	Prevention	Abuse and	Esteem in Children	Helping Your	Management for	Meeting Your		
		Parenting	10:00 Problem Solving	Child Devel.	Parents	Child's Needs		
		6:00 Meeting Your	4:00 Healthy Kids	Empathy	12:00 Substance			
	6:00 Managing Stress in	and Your Child's	6:00 Safety in the Home	6:00 Sexual	Abuse Prevention			
	Children	Needs		Abuse Prev.				
18	19 President's Day	20 12:00 Sexual	21 8:00 Safe Sleep	22 1:00	23 10:00	24 10:00		
		Abuse Prevention-	10:00 Digital Safety	Living	Safety in the Home	Promoting Self		
	No Group	CHIPS	4:00 CAA: What is Child	w/ADHD	12.00 D	Esteem in Children		
		6:00 Respecting	Abuse? 6:00 Family Nutrition	6:00 The Importance of	12:00 Protective Factors			
25	26 11:00 Respecting	Differences 27 12:00 Open	28 8am Open Disc.	29 1:00	March 1 10:00	March 2 10:00		
23	Differences	Discussion	10:00 Four Elements of	Parenting	Anger Mgmt. for	Open Discussion		
			Connection	Styles	Children	- F 311 D 10 T		
	6:00 Peer Pressure	6:00 Money Mgmt	4:00 Sub. Abuse and					
			Parenting	6:00 Protective	12:00 The Imp. of			
			6:00 Com. Resources	Factors	Reading Aloud			

#### March 2024

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
				29 1:00 Parent. Styles 6:00 Protect. Factors	1 10:00 Anger Mgmt. for Children 12:00 The Import of Reading Aloud	2 10:00 Open Discussion		
3	4 11:00 Peer Pressure 6:00 Safe Sleep	5 12:00 Helping Your Child Develop Empathy 6:00 Digital Safety	6 8:00 What is Child Ab. 10:00 Family Nutrition 4:00 Sexual Abuse Prevention-CHIPS 6:00 Parenting Styles	7 1:00 Child Dev. Age-App. Expectations 6:00 Comm. with Your Children	8 10:00 CAA: Shaken Baby Syndrome 12:00 Discipline vs. Punishment	9 10:00 Problem Solving, Negotiation and Compromise		
10	11 11:00 Money Management 6:00 Setting Limits	12 12:00 Communicating with Your Children 6:00 Anger Mgmt for Parents	13 8:00 Anger Mgmt for Children 10:00 Shaken Baby Syn 4:00 Stress Mgmt. for Parents 6:00 Man. Stress in Children	14 1:00 Family Tradition 6:00 Meeting Your and Your Child's Needs	15 10:00 Parenting Styles 12:00 Living with ADHD	16 10:00 Anger Management for Parents		
17	18 11:00 Promoting Self Esteem 6:00 Peer Pressure	19 12:00 Four Elements of Connection 6:00 Substance Abuse and Parenting	20 8:00am Imp. of Reading Aloud 10:00 Money Mgmt 4:00 Open Discussion 6:00 CAA: What is Child Abuse?	21 1:00 Child Dev/Age-App. Expectations 6:00Communit y Resources	22 10:00 Anger Management for Children 12:00 Respecting Differences	23 10:00 Healthy Kids		
24	25 11:00 Living with ADHD 6:00 The Importance of Reading Aloud	26 12:00 Healthy Kids 6:00 Respecting Differences	27 8:00 Prot. Factors 10:00 Helping Your Child Devel Empathy 4:00 Parent. Styles 6:00Child Development	28 1:00 Safety in the Home 6:00 Protective Factors	Closed for Good Friday No Groups	30 11:00 Safety in the Home		

#### **April 2023** Sun Monday Wednesday Tuesday Thursday Friday Saturday 1 11am What is Child Abuse 2 12noon Helping 3 8am Child Dev. & Age App 5 10am Shaken Baby 6 10am Managing 4 1pm Anger APRIL **Your Child Develop Expectations** Management Syndrome Stress in Children **Empathy** 10am Communication for Parents 4pm Discipline vs 6pm Anger 12 noon Stress **Punishment** Man. For Management for 6pm Family Nutrition **6pm Parenting Styles 6pm Setting Limits** Children **Parents** 10 8am Safety in the Home 7 8 11am Meeting Your & 9 12noon Problem 12 10am Money 13 10am Four 11 1pm Your Child's Needs Solving Respecting Management Elements of 10am CHIPS Clinic: Sexual **Differences** Connection **Abuse Prevention 6pm Promoting Self Esteem** 6pm Healthy Kids 12 noon Open **6pm Peer Press** Discussion 11am Kite 4 Kids 4pm Substance Abuse Preven 6pm Living With ADHD 14 15 11am Substance Abuse & 16 12noon 17 8am Safe Sleep 18 1pm Helping 19 10am Child 20 10am Discipline **Protective Factors Your Child** Parenting Development & Age vs Punishment 10 am Digital Safety Devel. Empathy **App Expectations 6pm Community Resources 6pm The Importance** 4pm What is Child Abuse of Reading Aloud **6pm Parenting** 12noon **6pm Family Nutrition** Styles Communication 24 8am Stress Man, For 21 22 11am Setting Limits 23 12noon Anger 25 1pm 26 10am Safety in 27 10am Substance **Parents**

10am Manag. Stress in Child.

4pmMeeting Your/Your

6pm Promoting Self Esteem

Child's Needs

**Problem** 

Solving

Kids

6pm Healthy

the Home

12noon CHIPS Clinic:

Sexual Abuse Prev.

**Abuse Prevention** 

Management for

6pm Shaken Baby

Children

Syndrome

6pm Anger Management for

**Parents** 

	Widy 2025							
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
-	1 Child Abuse Awareness: Sexual Abuse Prevention	2 Money Management	3	4 Child Abuse Awareness: What is Child Abuse?	5 Discipline vs. Punishment	6 Stress Management for Parents		
7	Substance Abuse Prevention	9 Open Discussion	10	11 Family Nutrition	12 Setting Limits/Family Rules	13 Managing Stress in Children		
14 Mother's Day	15 Living with ADHD	16 Four Elements of Connection	17	18 Helping Your Child Develop Empathy	19 Anger Management for Parents	Promoting Self Esteem in Children		
21	Peer Pressure	23 Substance Abuse and Parenting	24	25 Parenting Styles	26 Open Discussion	NO GROUP		
28	NO GROUP	Community Resources	31					

#### **June 2023** Sunday Monday **Tuesday** Wednesday **Thursday** Saturday Friday May 31 2 3 Problem Solving, May 30 **Child Abuse Decision Making**, Community Discipline vs **Aware: SBS Negotiating & Punishment** Resources Compromise 6 12pm & 6pm 5 11am & 6pm 7 8am & 4pm 8 1pm & 6pm 9 4 10am 10 10am **Family Nutrition Healthy Kids** The Importance of What is Child **Stress** Setting **Reading Aloud to your** Management Limits/Family Abuse Children for Parents **Rules** 11 12 11am & 6pm 13 12pm & 6pm 14 8am & 4pm 15 1pm & 6pm 16 10am 17 10am **Open Discussion Protective Factors Helping Your** Managing Safety in the Home Anger **Child Develop** Stress in Management **Empathy** Children for Parents 20 12pm & 6pm 21 8am & 4pm 22 1pm & 6pm 23 10am 18 19 24 10am **Meeting Your** Father's No Class **Parenting Styles Digital Safety Child Abuse** Anger Day & Your Child's Management Awareness: Sexual In observance of for Children Needs **Abuse Prevention** Juneteenth 26 11am & 6pm 27 12pm & 6pm 28 8am & 4pm 29 1pm & 6pm July 1 25 30 10am Substance Abuse & **Development & Age-**Safe Sleep **Promoting Self Open Substance Abuse** Discussion **Parenting Appropriate** Esteem Prevention **Expectations**

	July 2023							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
						1 Substance Abuse Prevention		
2	3 11am & 6pm Community Resources	4 Closed/No Group	5 8am & 4pm The Importance of Reading Aloud	6 1pm & 6pm Problem Solving, Decision Making, Negotiation & Compromise	7 Child Abuse Awareness: SBS	8 Living with ADHD		
9	10 11am & 6pm Child Abuse Awareness: What Is Child Abuse?	11 12am & 6pm Discipline vs Punishment	12 8am & 4pm Anger Management for Parents	13 1pm & 6pm  Healthy Kids	14 Stress Management for Parents	15 Respecting Differences		
16	17 11am & 6pm Family Nutrition	18 12am & 6pm Anger Management for Children	19 8am & 4pm Digital Safety	20 1pm & 6pm Safety in Home	21 Stress Management for Children	Peer Pressure		
23	24 11am & 6pm Parenting Styles	25 12am & 6pm Child Abuse	26 8am & 4pm	27 1pm & 6pm Child Abuse	28 Meet Your &	29		

**Awareness:** 

**CHIPS Clinic** 

**Open Discussion** 

Your Child's

**Needs** 

Safe Sleep

31 Child

Develop. /Age-

App. Expectation

**30** 

Awareness: Shaken

**Baby Syndrome** 

### August 2023

	8							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	31 11:00 & 6:00 Develop/Age- App. Expectations	1 Noon & 6:00  Stress  Management for  Parents	8:00am & 4:00 Protective Factors	3 1:00 & 6:00 Substance Abuse Prevention	4 10:00 am Promoting Self- Esteem in Children	5 10:00 am Money Management		
6	7 11:00 & 6:00 Communicating with Your Children	8 Noon & 6:00 Managing Stress in Children	9 8:00am & 4:00 Substance Abuse and Parenting	10 1:00 & 6:00 Problem Solving, Decision Making, Negotiation & Compromise	11 10:00 am Living With ADHD	12 10:00 am Four Elements of Connection		
13	14 11:00 & 6:00 Discipline vs Punishment	15 Noon & 6:00 Meeting Your & Your Child's Needs	16 8:00am & 4:00 Open Discussion	17 1:00 & 6:00 Healthy Kids	18 10:00 am Respecting Differences	19 10:00 am Community Resources		
20	21 11:00 & 6:00 Setting Limits/Family Rules	22 Noon & 6:00 Promoting Self Esteem in Children	23 8:00am & 4:00 Importance of Reading Aloud	24 1:00 & 6:00 Safety in the Home	25 10:00 am Peer Pressure	26 10:00 am Helping Your Child Develop Empathy		
27	28 11:00 & 6:00 Anger Management for Parents	29 Noon & 6:00 Problem Solving, Decision Making, Negotiation & Compromise	30 8:00am & 4:00 Digital Safety	31 1:00 & 6:00 Child Abuse Awareness: Sexual Abuse Prevention	Sept 1 Money Management	NO GROUP		

	September 2023							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
				31 1:00 & 6:00 Child Abuse Awareness: Sexual Abuse Prevention	1 10:00 Money Management	NO GROUP		
3	Labor Day NO GROUP	5 12:00 & 6:00 Healthy Kids	6 8:00 & 4:00 Safe Sleep	7 1:00 & 6:00 Substance Abuse Prevention	8 10:00 Open Discussion	9 10:00 Child Development/Age- Appropriate Expectations		
10	11 11:00 & 6:00 Child Abuse Awareness: Shaken Baby Syndrome	12 12:00 & 6:00 Safety in the Home	13 8:00 & 4:00 Problem Solving, Decision Making	14 1:00 & 6:00 Living with ADHD	15 10:00 Four Elements of Connection	16 10:00 The Importance of Reading Aloud		
17	18 11:00 & 6:00 Stress Management for Parents	19 12:00 & 6:00 Child Abuse Awareness: Sexual Abuse Prevention-	20 8:00 & 4:00 Anger Management for Parents	21 1:00 & 6:00 Respecting Differences	22 10:00 Substance Abuse and Parenting	23 10:00 Parenting Styles		
24	25 11:00 & 6:00 Managing Stress in Children	26 12:00 & 6:00 Substance Abuse Prevention	27 8:00 & 4:00 Anger Management for Children	28 1:00 & 6:00 Community Resources	29 10:00 Protective Factors	30 10:00 Communicating w/ Your Children		

#### October 2023 Sunday Monday Tuesday Wednesday Thursday Friday Saturday 1 2 11:00 Meeting Your 48:00am 5 1:00 7 10:00 & Your Child's Needs 12:00 **Protective Factors Peer Pressure** 10:00 Family Discipline vs **Punishment** Living with ADHD 10:00 Helping Your Child Nutrition 6:00 Child Abuse **Develop Empathy** 6:00 Family Awareness: What is 4:00 Parenting Styles 6:00 12:00 Open 6:00ChildDev/Age-appropriate Communicating Discussion Child Abuse? Nutrition **Expectations** with Your Children 10 12:00 Respecting 13 10:00 Helping 8 9 11:00 Promoting 11 8:00am Sub. Abuse & 12 1:00 14 10:00 Self Esteem in **Your Child Develop Differences Parenting Money Management** Setting Children 10:00 Anger Man. for Children **Empathy Limits/Family Rules** 12:00 Meet. Your & 6:00 Setting 6:00 Anger Man. for 4:00 CAA: Shaken Baby Syn. 6:00 Managing **Limits/Family Rules Parents** 6:00 Stress Mangmt for Parents Stress in Children Your Child's Needs 15 16 11:00 Problem 17 18 8:00am Safe Sleep 19 1:00 20 10:00 21 10:00 Solving, Decision 12:00 Community 10:00 Healthy Kids **Anger Management for Open Discussion Parenting Styles** Making, Negot. & 4:00 Safety in the Home Resources **Parents** Compromise 6:00 Sexual Abuse Prevention-12:00 Living with 6:00 Promoting Self-6:00 Problem **CHIPS Clinic** 6:00 Substance **ADHD Esteem in Children Solving Abuse Prevention** 22 23 25 26 27 10:00 28 10:00 11:00 Healthy Kids 12:00 Promoting Self 8:00am Imp. of Reading Aloud 1:00 Four Elements Child Dev/Age-App. **Anger Management for** 10:00 Money Management of Connection **Expectations** Children Esteem 4:00 Open Discussion 12:00 Community 6:00 Respecting 6:00 Substance **Differences** 6:00 Peer Pressure 6:00 CAA: What is Child Abuse? Abuse and Resources **Parenting** 29 30 11:00 31 12:00 **Safety in the Home** Living with ADHD 6:00 Protective 6:00 The Importance of Reading Aloud **Factors**

#### November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30 11:00	31 12:00	1 8:00 Safe Sleep	2 1:00 Substance	3 10:00	4 10:00
	Safety in the Home	Living with ADHD	10:00 Digital Safety	Abuse and	Communicating with	Child Abuse Awareness:
		and the same of th	4:00 CAA: What is Child Abuse?	Parenting	Your Children	Shaken Baby Syndrome
	6:00 Protective	6:00 The Importance	6:00 Family Nutrition	6:00 Helping Your	12:00 Parenting	
	Factors	of Reading Aloud		Child Develop	Styles	
				Empathy		
5	6 11:00 Protective	7 12:00 Four	8 8:00 Discipline vs. Punishment	9 1:00 CAA: What	10	11 10:00
	Factors	Elements of	10:00 Setting Limits	is Child Abuse?	Veteran's Day	Veteran's Day
		Connection	4:00 Anger Manag. for Parents		Observed	
	6:00 Child Devel/Age-	6:00 Communicating	6:00 Anger Management for	6:00 CAA: Shaken	NO GROUP	NO GROUP
	App. Expectations	with Your Children	Children	Baby Syndrome		
12	13 11:00 Substance	14 12:00 Substance	15 8:00 Promoting Self-Esteem in	16 1:00 Helping	17 10:00 Anger	18 10:00
	Abuse Prevention	Abuse and Parenting	Children	Your Child Develop	Management for	Meeting Your Child's
			10:00 Problem Solving	Empathy	Parents	Needs
	6:00 Managing Stress	6:00 Meeting Your	4:00 Healthy Kids		12:00 Substance	
	in Children	and Your Child's	6:00 Safety in the Home	6:00 Sexual Abuse	Abuse Prevention	
		Needs		<b>Prevention-CHIPS</b>		
19	20 11:00 Community	21 12:00 CAA: What	22	23 NO GROUP	24	25
	Resources	is Child Abuse?	Office closed	Happy	NO GROUP	NO GROUP
				Chanksgiving		
	6:00 Living with	6:00 Respecting	NO GROUP			
	ADHD	Differences		W 7 7 %		
				Maria		
26	27 11:00 Respecting	28 12:00 Open	29 8:00 Open Discussion	30 1:00 Parenting	1 10:00 Anger Mgmt.	2 10:00
	Differences	Discussion	10:00 Four Elements of	Styles	for Children	<b>Promoting Self Esteem</b>
			Connection	_		in Children
	6:00 Peer Pressure	6:00 Money	4:00 Substance Abuse and	6:00 Protective	12:00 The	
		Management	Parenting	Factors	Importance of	
			6:00 Community Resources		Reading Aloud	

pg. 11

#### December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Anger Mgmt. for Children 12:00 The Importance of Reading Aloud	2 10:00 Promoting Self Esteem in Children
3	4 11:00 Peer Pressure 6:00 Safe Sleep	5 12:00 Helping Your Child Develop Empathy 6:00 Digital Safety	6 8:00 CAA: What is Child Abuse 10:00 Family Nutrition 4:00 Helping Your Child Develop Empathy 6:00 Parenting Styles	7 1:00 Child Dev. Age-App. Expectations 6:00Communicating with Your Children	8 10:00 CAA: Shaken Baby Syndrome 12:00 Discipline vs. Punishment	9 10:00 Problem Solving, Negotiation and Compromise
10	11 11:00 Money Management 6:00 Setting Limits	12 12:00 Communicating with Your Children 6:00 Anger Management for Parents	13 8:00 Anger Management for Children 10:00 CAA: Shaken Baby Syndrome 4:00 Stress Mgmt. for Parents 6:00 Managing Stress in Children	14 1:00 Family Tradition 6:00 Meeting Your and Your Child's Needs	15 Office closed No Group	16 No Group
17	18 Office closed No Group	19 Office closed No Group	20 Office closed No Group	21 Office closed No Group	22 Office closed No Group	23 No Group
24	25 Office closed No Group	26 Office closed No Group	27 Office closed No Group	28 Office closed No Group	29 Office closed No Group	30 No Group
31	Jan 1 Happy New Year! Office closed No Group	Jan 2 No Group	Jan 3 No Group	January 4 Classes Resume		