

January 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 1 Happy New Year! Office closed No Group	Jan 2 No Group	Jan 3 No Group	4 1:00 Peer Pressure 6:00 Communicating with Your Child	5 10:00 Family Nutrition 12:00 Open Discussion	6 10:00 Discipline vs Punishment
8 11:00 Promoting Self Esteem in Children 6:00 Setting Limits/Family Rules	9 12:00 Respecting Differences 6:00 Anger Man. for Parents	10 8:00am Sub. Abuse & Parenting 10:00 Anger Man. for Children 4:00 Shaken Baby Syn. 6:00 Stress Mgmt. for Parents	11 1:00 Money Management 6:00 Managing Stress in Children	12 10:00 Helping Your Child Develop Empathy 12:00 Meet. Your & Your Child's Needs	13 10:00 Setting Limits/Family Rules
15 MLK Day No Group	16 12:00 Community Resources 6:00 Problem Solving	17 8:00am Safe Sleep 10:00 Healthy Kids 4:00 Safety in the Home 6:00 Sexual Abuse Prevention-CHIPS Clinic	18 1:00 Open Discussion 6:00 Substance Abuse Prevention	19 10:00 Parenting Styles 12:00 Living with ADHD	20 10:00 Anger Management for Parents
22 11:00 Healthy Kids 6:00 Respecting Differences	23 12:00 Promoting Self Esteem 6:00 Peer Pressure	24 8:00am Imp. of Reading Aloud 10:00 Money Mgmt 4:00 Open Discussion 6:00 CAA: What is Child Abuse?	25 1:00 Four Elements of Connection 6:00 Substance Abuse and Parenting	26 10:00 Child Dev/Age-App. Expectations 12:00 Community Resources	27 10:00 Anger Management for Children
29 11:00 Safety in the Home 6:00 Protective Factors	30 12:00 Living with ADHD 6:00 The Importance of Reading Aloud	31 8:00 Prot. Factors 10:00 Helping Your Child Develop Empathy 4:00 Parent. Styles 6:00 Child Developmnt			

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 1:00 Substance Abuse & Parent 6:00 Helping Your Child Devel. Empathy	2 10:00 Communicating with Your Children 12:00 Parenting Styles	3 10:00 Shaken Baby Syndrome
5 11:00 Protective Factors 6:00 Child Devel/Age-App. Expectations	6 12:00 Four Elements of Connection 6:00 Communicating w/Your Children	7 8am Discipline vs. Punishment 10:00 Setting Limits 4:00 Anger Mgmt for Parents 6:00 Anger Mgmt for Children	8 1:00 What is Child Abuse? 6:00 Shaken Baby Syndrome	9 10:00 Safety in the Home 12:00 Protective Factors	10 10:00 Living with ADHD
12 11:00 Substance Abuse Prevention 6:00 Managing Stress in Children	13 12:00 Sub. Abuse and Parenting 6:00 Meeting Your and Your Child's Needs	14 8:00 Promoting Self-Esteem in Children 10:00 Problem Solving 4:00 Healthy Kids 6:00 Safety in the Home	15 1:00 Helping Your Child Devel. Empathy 6:00 Open Discussion	16 10:00 Anger Management for Parents 12:00 Substance Abuse Prevention	17 10:00 Meeting Your Child's Needs
19 President's Day <b style="color: red;">No Group	20 12:00 Sexual Abuse Prev.-CHIPS 6:00 Respecting Differences	21 8:00 Safe Sleep 10:00 Digital Safety 4:00 What is Child Abuse? 6:00 Family Nutrition	22 1:00 Living w/ADHD 6:00 The Importance of Reading Aloud	23 11:00 Safety in the Home 6:00 Protective Factors	24 Discipline vs Punishment
26 11:00 Respecting Differences 6:00 Peer Pressure	27 12:00 Open Discussion 6:00 Money Mgmt	28 8am Open Disc. 10:00 Four Elements of Connection 4:00 Sub. Abuse and Parenting 6:00 Com. Resources	29 1:00 Parenting Styles 6:00 Protective Factors		

March 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Anger Mgmt. for Children 12:00 The Import of Reading Aloud	2 10:00 Promoting Self Esteem in Children
4 11:00 Peer Pressure 6:00 Safe Sleep	5 12:00 Helping Your Child Develop Empathy 6:00 Digital Safety	6 8:00 CAA: What is Child Abuse 10:00 Family Nutrition 4:00 Sexual Abuse Prevention-CHIPS 6:00 Parenting Styles	7 1:00 Child Dev. Age-App. Expectations 6:00 Communicating with Your Child.	8 10:00 CAA: Shaken Baby Syndrome 12:00 Discipline vs. Punishment	9 10:00 Problem Solving, Negotiation and Compromise
11 11:00 Money Management 6:00 Setting Limits	12 12:00 Communicating with Your Children 6:00 Anger Mgmt for Parents	13 8:00 Anger Mgmt for Children 10:00 Shaken Baby Syn 4:00 Stress Mgmt. for Parents 6:00 Man. Stress in Children	14 1:00 Family Tradition 6:00 Meeting Your and Your Child's Needs	15 10:00 Parenting Styles 12:00 Living with ADHD	16 10:00 Anger Management for Parents
18 11:00 Promoting Self Esteem 6:00 Peer Pressure	19 12noon Four Elements of Connection 6:00 Substance Abuse&Parenting	20 8:00am Imp. of Reading Aloud 10:00 Money Mgmt 4:00 Open Discussion 6:00 What is Child Abuse?	21 1:00 Child Dev/Age-App. Expectations 6:00Community Resources	22 10:00 Anger Management for Children 12:00 Respecting Differences	23 10:00 Healthy Kids
26 11:00 Living with ADHD 6:00 The Importance of Reading Aloud	26 12:00 Healthy Kids 6:00 Respecting Differences	27 8:00 Prot. Factors 10:00 Helping Your Child Develop Empathy 4:00 Parent. Styles 6:00Child Development	28 1:00 Safety in the Home 6:00 Protective Factors	29 10:00 Open Discussion 12noon Protective Factors	30 11:00 Safety in the Home