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| **January 2022** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |   |  |  |  |  | **1****Happy New Year!** |
| **2** | **3****No Group** | **4** **No Group** | **5** | **6 Stress Management for Parents** | **7****Protective Factors** | **8** **Respecting Differences** |
| **9** | **10****Peer Pressure** | **11****Community Resources** | **12** | **13****Setting Limits/Family Rules** | **14****Managing Stress in Children** | **15** **Safety in the Home** |
| **16** | **Text  Description automatically generated17** **NO GROUP** | **18****Parenting Styles** | **19** | **20****Anger Management for Parents** | **21****Meeting Your and Your Child’s Needs** | **22 Child Abuse Awareness: Sexual Abuse Prevention** |
| **23** | **24** **Money Management** | **25****Child Development / Age-Appropriate Expectations** | **26** | **27****Anger Management for Children** | **28****Substance Abuse Prevention** | **29****Open Discussion** |
| **30** | **31****Communicating with Your Child** |  |  |  |  |  |
| **February 2022** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  | **1 Child Abuse Awareness: Shaken Baby Syndrome** | **2** | **3 Problem Solving, Decision Making & Compromise** | **4****Living with ADHD** | **5** **Community Resources** |
| **6** | **7****Discipline vs. Punishment** | **8****Stress Management for Parents** | **9** | **10** **Healthy Kids** | **11****Respecting Differences** | **12** **Substance Abuse & Parenting** |
| **Shape  Description automatically generated with medium confidence13** | **14** **Promoting Self Esteem in Children** | **15** **Managing Stress in Children** | **16** | **17** **Safety in the Home** | **18** **Peer Pressure** | **19 Child Abuse Awareness: What is Child Abuse?** |
| **20** | **A picture containing diagram  Description automatically generated21****NO GROUP** | **22** **Anger Management for Parents** | **23**  | **24****Meeting Your Child's Needs** | **25****Money Management** | **26****Family Nutrition** |
| **27** | **28****Anger Management for Children** |  |  |  |  |  |
| **March 2022** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  | **1 Promoting Self Esteem in Children** | **2** | **3 Substance Abuse Prevention** | **4****Open Discussion** | **5** **Helping Your Child Develop Empathy** |
| **6** | **7 Child Abuse Awareness: Shaken Baby Syndrome** | **8 Problem Solving, Decision Making, Negotiation & Compromise**  | **9** | **10** **Living with ADHD** | **11** **Four Elements of Connection** | **12** **Parenting Styles** |
| **13** | **14** **Stress Management for Parents** | **15****Healthy Kids** | **16** | **17****Respecting DifferencesIcon  Description automatically generated** | **18****Substance Abuse and Parenting** | **19** **Child Development / Age-Appropriate Expectations**  |
| **20** | **21** **Managing Stress in Children** | **22****Safety in the Home** | **23** | **24****Peer Pressure** | **25** **Community Resources** | **26****Communicating with Your Children** |
| **27** | **28****Protective Factors** | **29 Child Abuse Awareness: Sexual Abuse Prevention** | **30 31** **Money**  **Management** |
| **April 2022** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **Shape  Description automatically generated with medium confidence**  |  |  |  | **1** **Family Nutrition** | **2****Discipline vs. Punishment** |
| **3** | **4****Promoting Self Esteem in Children** | **5** **Substance Abuse Prevention** | **6** | **7** **Open Discussion** | **8** **Helping Your Child Develop Empathy** | **9** **Setting Limits/Family Rules** |
| **10** | **11 Problem Solving, Decision Making, Negotiation & Compromise**  | **12****Living With ADHD** | **13** | **14** **Four Elements of Connection** | **15** **Parenting Styles** | **16** **Anger Management for Parents** |
| **17** | **18****Healthy Kids** | **19****Respecting Differences** | **20** | **21** **Substance Abuse and Parenting** | **22 Child Development/Age-Appropriate Expectations** | **23** **Anger Management for Children** |
| **24** | **25****Safety in the Home** | **26****Peer Pressure** | **27** | **28****Community Resources** | **29****Communicating with Your Children** | **30****Protective Factors** |
| **May 2022** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **1** | **2 Child Abuse Awareness: Sexual Abuse Prevention** | **3****Money Management** | **4** | **5 Child Abuse Awareness: What is Child Abuse?** | **6****Discipline vs. Punishment** | **7** **Stress Management for Parents** |
| Diagram  Description automatically generated with medium confidence**8****Mother’s Day** | **9****Substance Abuse Prevention** | **10****Open Discussion** | **11** | **12** **Family Nutrition** | **13 Setting Limits/Family Rules** | **14****Managing Stress in Children** |
| **15** | **16****Living with ADHD** | **17** **Four Elements of Connection** | **18** | **19** **Helping Your Child Develop Empathy** | **20 Anger Management for Parents** | **21****Promoting Self Esteem in Children** |
| **22** | **23****Peer Pressure** | **24****Substance Abuse and Parenting** | **25** | **26** **Parenting Styles** | **27****Open Discussion** | **28****NO GROUP** |
| **29** | **A picture containing logo  Description automatically generated30****NO GROUP** | **31****Community Resources** |  |  |  |  |

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| **June 2022** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  | **1** | **2** **Child Abuse Aware: SBS**  | **3** **Discipline vs Punishment** | **4 Problem Solving, Decision Making, Negotiating & Compromise** |
| **5** | **6****The Importance of Reading Aloud to your Children** | **7****Family Nutrition** | **8** | **9****Stress Management for Parents** | **10****Setting Limits/Family Rules** | **11 Healthy Kids** |
| **12** | **13****Open Discussion** | **14****Protective Factors** | **15** | **16** **Managing Stress in Children**  | **17****Anger Management for Parents** | **18 Safety in the Home** |
| **19****Father’s Day** | **20****No Class****In observance of Juneteenth** | **21****Parenting Styles** | **22** | **23** **Meeting Your & Your Child’s Needs**  | **24****Anger Management for Children** | **25**  **Child Abuse Awareness: Sexual Abuse Prevention** |
| **26** | **27****Substance Abuse & Parenting** | **28 Child Development & Age-Appropriate Expectations** | **29** | **30****Promoting Self Esteem** |  |  |
| **July 2022**  |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | **1****Open Discussion** | **2****Substance Abuse Prevention** |
| **3** | **A picture containing logo  Description automatically generated4** **NO GOUP** | **5** **Communicating with Your Children** | **6** | **7** **Problem Solving, Decision Making, Negotiation & Compromise** | **8****Child Abuse Awareness: SBS** | **9** **Living with ADHD** |
| **10** | **11****Child Abuse Awareness: What Is Child Abuse?** | **12****Discipline vs Punishment** | **13** | **14** **Healthy Kids** | **15** **Stress Management for Parents** | **16****Respecting Differences** |
| **17** | **18****Family Nutrition** | **19****Anger Management for Children** | **20** | **21** **Safety in Home** | **22****Stress Management for Children** | **23****Peer Pressure** |
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| **24** **31** | **25****Parenting Styles** | **26****Child Abuse Awareness: Shaken Baby Syndrome** | **27** | **28** **Child Abuse Awareness: CHIPS Clinic** | **29****Meet Your & Your Child’s Needs** | **30****Open Discussion** |

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| **August 2022** |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | **1 Child** **Development/Age- Appropriate Expectations** | **2****Stress Management for Parents** | **3** | **4** **Substance** **Abuse Prevention** | **5****Promoting Self-Esteem in Children** | **6****Money Management** |
| **7** | **8****Communicating with Your Children** | **9****Managing Stress in Children** | **10** | **11****Problem Solving, Decision Making, Negotiation & Compromise** | **12****Living With ADHD** | **13**  **Four Elements of Connection** |
| **14** | **15****Discipline vs Punishment** | **16****Meeting Your & Your Child’s Needs** | **17** | **18****Healthy Kids** | **19****Respecting Differences** | **20****Community Resources** |
| **22** | **22****Setting Limits/Family Rules** | **23****Promoting Self Esteem in Children** | **24** | **25****Safety in the Home** | **26****Peer Pressure** | **27****Helping Your Child****Develop Empathy** |
| **28** | **29****Anger Management for Parents** | **30 Problem Solving,** **Decision Making,** **Negotiation &** **Compromise** | **31** | **1 September****Child Abuse Awareness: Sexual Abuse Prevention-CHIPS** | **2****Money Management** | **3** **NO GROUP** |

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| **September 2022** |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | **1** **Child Abuse Awareness: Sexual Abuse Prevention** | **2****Money Management** | **3** **NO GROUP** |
| **4** | **5****Labor Day****NO GROUP** | **6****Healthy Kids** | **7** | **8****Substance Abuse Prevention** | **9****Open Discussion** | **10 Child** **Development/Age-Appropriate Expectations** |
| **11** | **12****Child Abuse Awareness: Shaken Baby Syndrome** | **13****Safety in the Home** | **14** | **15****Living with ADHD** | **16****Four Elements of Connection** | **17****The Importance of Reading Aloud** |
| **18** | **19****Stress Management for Parents** | **20** **Child Abuse** **Awareness: Sexual Abuse Prevention-CHIPS** | **21** | **22****Respecting Differences** | **23****Substance Abuse and Parenting** | **24** **Parenting Styles** |
| **25** | **26****Managing Stress in Children** | **27****Substance Abuse Prevention** | **28** | **29****Community****Resources** | **30****Protective Factors** | **October 1****Communicating w/ Your Children** |

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| **October 2022** |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | **Sept 30****Protective Factors** | **1****Communicating with Your Children** |
| **2** | **3****Meeting Your & Your Child’s Needs** | **4****Living with ADHD** | **5** | **6****Peer Pressure** | **7****Family Nutrition** | **8****Discipline vs Punishment** |
| **9** | **10****Promoting Self Esteem in Children** | **11****Respecting Differences** | **12** | **13****Money Management** | **14****Helping Your Child Develop Empathy** | **15** **Setting****Limits/Family Rules** |
| **16** | **17 Problem** **Solving, Decision Making, Negotiation& Compromise** | **18****Community Resources** | **19** | **20****Open Discussion** | **21****Parenting Styles** | **22****Anger Management for Parents** |
| **23** | **24****Healthy Kids** | **25****Promoting Self Esteem** | **26** | **27****Four Elements of Connection** | **28 Child****Development/Age-Appropriate Expectations** | **29****Anger Management for Children** |
| **30** | **A close-up of a potato  Description automatically generated with low confidence31****Safety in the Home** |  |  |  |  |  |
| **November 2022** |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | **A close-up of a potato  Description automatically generated with low confidence10/31****Safety in the Home** | **1****Living With ADHD** | **2** | **3****Substance Abuse and Parenting** | **4****Communicating with Your Children** | **5****Child Abuse Awareness: Shaken Baby Syndrome** |
| **6** | **7****Protective Factors** | **8****Four Elements of Connection** | **9** | **10****Child Abuse Awareness: What is Child Abuse?** | **11****Discipline vs Punishment** | **12****Stress Management for Parents** |
| **13** | **14****Substance Abuse Prevention** | **15****Substance Abuse and Parenting** | **16** | **17****Helping Your Child Develop Empathy** | **18****Anger Management for Parents** | **19****Meeting Your Child’s Needs** |
| **20** | **21****Community Resources** | **22****Child Abuse Awareness: What is Child Abuse?** | **23****Office closed** | **24 NO GROUP**A picture containing text, clipart  Description automatically generated | **25****NO GROUP** | **26****NO GROUP** |
| **27** | **28****Respecting Differences** | **29****Open Discussion** | **30** |  |  |  |
| **December 2022** |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | **1****Parenting Styles** | **2****Anger Management for Children** | **3****Promoting Self Esteem in Children** |
| **4** | **5****Peer Pressure** | **6****Helping Your Child Develop Empathy** | **7** | **8 Child** **Development/Age-Appropriate Expectations** | **9 Child Abuse Awareness: Shaken Baby Syndrome** | **10****Problem Solving** |
| **11** | **12** **Money Management** | **13** **Communicating with Your Children** | **14**  | **15** **Family Traditions** | **16 Office closed****No Group** | **17 No Group** |
| **18** | **19 Office closed****No Group** | **20 Office closed****No Group** | **21 Office closed** | **22 Office closed****No Group** | **23 Office closed****No Group** | **24 No Group** |
| **25****A picture containing toy, doll  Description automatically generated** | **26 Office closed****No Group** | **27 Office closed****No Group** | **28 Office closed** | **29 Office closed****No Group** | **30 Office closed****No Group** | **A group of colorful flowers  Description automatically generated with low confidence31 No Group** |