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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **January 2022** | | | | | | | | | | | | | | |
| **Sunday** | **Monday** | | | **Tuesday** | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | | |
|  |  | | |  | |  | |  | |  | | **1**  **Happy New Year!** | | |
| **2** | **3**  **No Group** | | | **4**  **No Group** | | **5** | | **6 Stress Management for Parents** | | **7**  **Protective Factors** | | **8**  **Respecting Differences** | | |
| **9** | **10**  **Peer Pressure** | | | **11**  **Community Resources** | | **12** | | **13**  **Setting Limits/Family Rules** | | **14**  **Managing Stress in Children** | | **15**  **Safety in the Home** | | |
| **16** | **Text  Description automatically generated17**  **NO GROUP** | | | **18**  **Parenting Styles** | | **19** | | **20**  **Anger Management for Parents** | | **21**  **Meeting Your and Your Child’s Needs** | | **22 Child Abuse Awareness: Sexual Abuse Prevention** | | |
| **23** | **24**  **Money Management** | | | **25**  **Child Development / Age-Appropriate Expectations** | | **26** | | **27**  **Anger Management for Children** | | **28**  **Substance Abuse Prevention** | | **29**  **Open Discussion** | | |
| **30** | **31**  **Communicating with Your Child** | | |  | |  | |  | |  | |  | | |
| **February 2022** | | | | | | | | | | | | | | |
| **Sunday** | **Monday** | | **Tuesday** | | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | | |
|  |  | | **1 Child Abuse Awareness: Shaken Baby Syndrome** | | | **2** | | **3 Problem Solving, Decision Making & Compromise** | | **4**  **Living with ADHD** | | **5**  **Community Resources** | | |
| **6** | **7**  **Discipline vs. Punishment** | | **8**  **Stress Management for Parents** | | | **9** | | **10**  **Healthy Kids** | | **11**  **Respecting Differences** | | **12**  **Substance Abuse & Parenting** | | |
| **Shape  Description automatically generated with medium confidence13** | **14**  **Promoting Self Esteem in Children** | | **15**  **Managing Stress in Children** | | | **16** | | **17**  **Safety in the Home** | | **18**  **Peer Pressure** | | **19 Child Abuse Awareness: What is Child Abuse?** | | |
| **20** | **A picture containing diagram  Description automatically generated21**  **NO GROUP** | | **22**  **Anger Management for Parents** | | | **23** | | **24**  **Meeting Your Child's Needs** | | **25**  **Money Management** | | **26**  **Family Nutrition** | | |
| **27** | **28**  **Anger Management for Children** | |  | | |  | |  | |  | |  | | |
| **March 2022** | | | | | | | | | | | | | | |
| **Sunday** | **Monday** | | **Tuesday** | | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | | |
|  |  | | **1 Promoting Self Esteem in Children** | | | **2** | | **3 Substance Abuse Prevention** | | **4**  **Open Discussion** | | **5**  **Helping Your Child Develop Empathy** | | |
| **6** | **7 Child Abuse Awareness: Shaken Baby Syndrome** | | **8 Problem Solving, Decision Making, Negotiation & Compromise** | | | **9** | | **10**  **Living with ADHD** | | **11**  **Four Elements of Connection** | | **12**  **Parenting Styles** | | |
| **13** | **14**  **Stress Management for Parents** | | **15**  **Healthy Kids** | | | **16** | | **17**  **Respecting DifferencesIcon  Description automatically generated** | | **18**  **Substance Abuse and Parenting** | | **19**  **Child Development / Age-Appropriate Expectations** | | |
| **20** | **21**  **Managing Stress in Children** | | **22**  **Safety in the Home** | | | **23** | | **24**  **Peer Pressure** | | **25**  **Community Resources** | | **26**  **Communicating with Your Children** | | |
| **27** | **28**  **Protective Factors** | | **29 Child Abuse Awareness: Sexual Abuse Prevention** | | | **30 31**  **Money**  **Management** | | | | | | | | |
| **April 2022** | | | | | | | | | | | | | | |
| **Sunday** | **Monday** | | **Tuesday** | | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | | |
|  | **Shape  Description automatically generated with medium confidence** | |  | | |  | |  | | **1**  **Family Nutrition** | | **2**  **Discipline vs. Punishment** | | |
| **3** | **4**  **Promoting Self Esteem in Children** | | **5**  **Substance Abuse Prevention** | | | **6** | | **7**  **Open Discussion** | | **8**  **Helping Your Child Develop Empathy** | | **9**  **Setting Limits/Family Rules** | | |
| **10** | **11 Problem Solving, Decision Making, Negotiation & Compromise** | | **12**  **Living With ADHD** | | | **13** | | **14**  **Four Elements of Connection** | | **15**  **Parenting Styles** | | **16**  **Anger Management for Parents** | | |
| **17** | **18**  **Healthy Kids** | | **19**  **Respecting Differences** | | | **20** | | **21**  **Substance Abuse and Parenting** | | **22 Child Development/Age-Appropriate Expectations** | | **23**  **Anger Management for Children** | | |
| **24** | **25**  **Safety in the Home** | | **26**  **Peer Pressure** | | | **27** | | **28**  **Community Resources** | | **29**  **Communicating with Your Children** | | **30**  **Protective Factors** | | |
| **May 2022** | | | | | | | | | | | | | |
| **Sunday** | **Monday** | **Tuesday** | | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | | |
| **1** | **2 Child Abuse Awareness: Sexual Abuse Prevention** | **3**  **Money Management** | | | **4** | | **5 Child Abuse Awareness: What is Child Abuse?** | | **6**  **Discipline vs. Punishment** | | **7**  **Stress Management for Parents** | | |
| Diagram  Description automatically generated with medium confidence**8**  **Mother’s Day** | **9**  **Substance Abuse Prevention** | **10**  **Open Discussion** | | | **11** | | **12**  **Family Nutrition** | | **13 Setting Limits/Family Rules** | | **14**  **Managing Stress in Children** | | |
| **15** | **16**  **Living with ADHD** | **17**  **Four Elements of Connection** | | | **18** | | **19** **Helping Your Child Develop Empathy** | | **20 Anger Management for Parents** | | **21**  **Promoting Self Esteem in Children** | | |
| **22** | **23**  **Peer Pressure** | **24**  **Substance Abuse and Parenting** | | | **25** | | **26**  **Parenting Styles** | | **27**  **Open Discussion** | | **28**  **NO GROUP** | |
| **29** | **A picture containing logo  Description automatically generated30**  **NO GROUP** | **31**  **Community Resources** | | |  | |  | |  | |  | |

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| **June 2022** | | | | | | | | | | | |
| **Sunday** | | **Monday** | | **Tuesday** | | **Wednesday** | | **Thursday** | | **Friday** | **Saturday** |
|  | |  | |  | | **1** | | **2**  **Child Abuse Aware: SBS** | | **3**  **Discipline vs Punishment** | **4 Problem Solving, Decision Making, Negotiating & Compromise** |
| **5** | | **6**  **The Importance of Reading Aloud to your Children** | | **7**  **Family Nutrition** | | **8** | | **9**  **Stress Management for Parents** | | **10**  **Setting Limits/Family Rules** | **11 Healthy Kids** |
| **12** | | **13**  **Open Discussion** | | **14**  **Protective Factors** | | **15** | | **16**  **Managing Stress in Children** | | **17**  **Anger Management for Parents** | **18 Safety in the Home** |
| **19**  **Father’s Day** | | **20**  **No Class**  **In observance of Juneteenth** | | **21**  **Parenting Styles** | | **22** | | **23**  **Meeting Your & Your Child’s Needs** | | **24**  **Anger Management for Children** | **25**  **Child Abuse Awareness: Sexual Abuse Prevention** |
| **26** | | **27**  **Substance Abuse & Parenting** | | **28 Child Development & Age-Appropriate Expectations** | | **29** | | **30**  **Promoting Self Esteem** | |  |  |
| **July 2022** | | | | | | | | | | | | | |
| Sunday | | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | |
|  | |  | |  | |  | |  | | **1**  **Open Discussion** | | **2**  **Substance Abuse Prevention** | |
| **3** | | **A picture containing logo  Description automatically generated4**  **NO GOUP** | | **5**  **Communicating with Your Children** | | **6** | | **7**  **Problem Solving, Decision Making, Negotiation & Compromise** | | **8**  **Child Abuse Awareness: SBS** | | **9**  **Living with ADHD** | |
| **10** | | **11**  **Child Abuse Awareness: What Is Child Abuse?** | | **12**  **Discipline vs Punishment** | | **13** | | **14**  **Healthy Kids** | | **15**  **Stress Management for Parents** | | **16**  **Respecting Differences** | |
| **17** | | **18**  **Family Nutrition** | | **19**  **Anger Management for Children** | | **20** | | **21**  **Safety in Home** | | **22**  **Stress Management for Children** | | **23**  **Peer Pressure** | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **24**    **31** | **25**  **Parenting Styles** | **26**  **Child Abuse Awareness: Shaken Baby Syndrome** | **27** | **28**  **Child Abuse Awareness: CHIPS Clinic** | **29**  **Meet Your & Your Child’s Needs** | **30**  **Open Discussion** | | | | | | | | | | | | | | |

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| **August 2022** | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | **1 Child**  **Development/Age- Appropriate Expectations** | **2**  **Stress Management for Parents** | **3** | **4**  **Substance**  **Abuse Prevention** | **5**  **Promoting Self-Esteem in Children** | **6**  **Money Management** |
| **7** | **8**  **Communicating with Your Children** | **9**  **Managing Stress in Children** | **10** | **11**  **Problem Solving, Decision Making, Negotiation & Compromise** | **12**  **Living With ADHD** | **13**  **Four Elements of Connection** |
| **14** | **15**  **Discipline vs Punishment** | **16**  **Meeting Your & Your Child’s Needs** | **17** | **18**  **Healthy Kids** | **19**  **Respecting Differences** | **20**  **Community Resources** |
| **22** | **22**  **Setting Limits/Family Rules** | **23**  **Promoting Self Esteem in Children** | **24** | **25**  **Safety in the Home** | **26**  **Peer Pressure** | **27**  **Helping Your Child**  **Develop Empathy** |
| **28** | **29**  **Anger Management for Parents** | **30 Problem Solving,**  **Decision Making,**  **Negotiation &**  **Compromise** | **31** | **1 September**  **Child Abuse Awareness: Sexual Abuse Prevention-CHIPS** | **2**  **Money Management** | **3**  **NO GROUP** |

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| **September 2022** | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | **1**  **Child Abuse Awareness: Sexual Abuse Prevention** | **2**  **Money Management** | **3**  **NO GROUP** |
| **4** | **5**  **Labor Day**  **NO GROUP** | **6**  **Healthy Kids** | **7** | **8**  **Substance Abuse Prevention** | **9**  **Open Discussion** | **10 Child**  **Development/Age-Appropriate Expectations** |
| **11** | **12**  **Child Abuse Awareness: Shaken Baby Syndrome** | **13**  **Safety in the Home** | **14** | **15**  **Living with ADHD** | **16**  **Four Elements of Connection** | **17**  **The Importance of Reading Aloud** |
| **18** | **19**  **Stress Management for Parents** | **20**  **Child Abuse**  **Awareness: Sexual Abuse Prevention-CHIPS** | **21** | **22**  **Respecting Differences** | **23**  **Substance Abuse and Parenting** | **24**  **Parenting Styles** |
| **25** | **26**  **Managing Stress in Children** | **27**  **Substance Abuse Prevention** | **28** | **29**  **Community**  **Resources** | **30**  **Protective Factors** | **October 1**  **Communicating w/ Your Children** |

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| **October 2022** | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | **Sept 30**  **Protective Factors** | **1**  **Communicating with Your Children** |
| **2** | **3**  **Meeting Your & Your Child’s Needs** | **4**  **Living with ADHD** | **5** | **6**  **Peer Pressure** | **7**  **Family Nutrition** | **8**  **Discipline vs Punishment** |
| **9** | **10**  **Promoting Self Esteem in Children** | **11**  **Respecting Differences** | **12** | **13**  **Money Management** | **14**  **Helping Your Child Develop Empathy** | **15**  **Setting**  **Limits/Family Rules** |
| **16** | **17 Problem**  **Solving, Decision Making, Negotiation& Compromise** | **18**  **Community Resources** | **19** | **20**  **Open Discussion** | **21**  **Parenting Styles** | **22**  **Anger Management for Parents** |
| **23** | **24**  **Healthy Kids** | **25**  **Promoting Self Esteem** | **26** | **27**  **Four Elements of Connection** | **28 Child**  **Development/Age-Appropriate Expectations** | **29**  **Anger Management for Children** |
| **30** | **A close-up of a potato  Description automatically generated with low confidence31**  **Safety in the Home** |  |  |  |  |  |
| **November 2022** | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | **A close-up of a potato  Description automatically generated with low confidence10/31**  **Safety in the Home** | **1**  **Living With ADHD** | **2** | **3**  **Substance Abuse and Parenting** | **4**  **Communicating with Your Children** | **5**  **Child Abuse Awareness: Shaken Baby Syndrome** |
| **6** | **7**  **Protective Factors** | **8**  **Four Elements of Connection** | **9** | **10**  **Child Abuse Awareness: What is Child Abuse?** | **11**  **Discipline vs Punishment** | **12**  **Stress Management for Parents** |
| **13** | **14**  **Substance Abuse Prevention** | **15**  **Substance Abuse and Parenting** | **16** | **17**  **Helping Your Child Develop Empathy** | **18**  **Anger Management for Parents** | **19**  **Meeting Your Child’s Needs** |
| **20** | **21**  **Community Resources** | **22**  **Child Abuse Awareness: What is Child Abuse?** | **23**  **Office closed** | **24 NO GROUP**  A picture containing text, clipart  Description automatically generated | **25**  **NO GROUP** | **26**  **NO GROUP** |
| **27** | **28**  **Respecting Differences** | **29**  **Open Discussion** | **30** |  |  |  |
| **December 2022** | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | **1**  **Parenting Styles** | **2**  **Anger Management for Children** | **3**  **Promoting Self Esteem in Children** |
| **4** | **5**  **Peer Pressure** | **6**  **Helping Your Child Develop Empathy** | **7** | **8 Child**  **Development/Age-Appropriate Expectations** | **9 Child Abuse Awareness: Shaken Baby Syndrome** | **10**  **Problem Solving** |
| **11** | **12**  **Money Management** | **13**  **Communicating with Your Children** | **14** | **15**  **Family Traditions** | **16 Office closed**  **No Group** | **17 No Group** |
| **18** | **19 Office closed**  **No Group** | **20 Office closed**  **No Group** | **21 Office closed** | **22 Office closed**  **No Group** | **23 Office closed**  **No Group** | **24 No Group** |
| **25**  **A picture containing toy, doll  Description automatically generated** | **26 Office closed**  **No Group** | **27 Office closed**  **No Group** | **28 Office closed** | **29 Office closed**  **No Group** | **30 Office closed**  **No Group** | **A group of colorful flowers  Description automatically generated with low confidence31 No Group** |