|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **January 2021** | | | | | | | | | | | | | | |
| **Sunday** | **Monday** | | | **Tuesday** | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | | |
|  |  | | |  | |  | |  | | **1**  **NO GROUP** | | **2**  **NO GROUP** | | |
| **3** | **4**  **Family Nutrition** | | | **5**  **Discipline vs. Punishment** | | **6** | | **7**  **Stress Management for Parents** | | **8**  **Healthy Kids** | | **9**  **Respecting Differences** | | |
| **10** | **11**  **Peer Pressure** | | | **12**  **Community Resources** | | **13** | | **14**  **Setting Limits/Family Rules** | | **15**  **Managing Stress in Children** | | **16**  **Safety in the Home** | | |
| **17** | **18**  **NO GROUP** | | | **19**  **Parenting Styles** | | **20** | | **21**  **Anger Management for Parents** | | **22**  **Meeting Your and Your Child’s Needs** | | **23 Child Abuse Awareness: Sexual Abuse Prevention** | | |
| **24**  **31** | **25**  **Money Management** | | | **26**  **Child Development / Age-Appropriate Expectations** | | **27** | | **28**  **Anger Management for Children** | | **29**  **Substance Abuse Prevention** | | **30**  **Open Discussion** | | |
| **February 2021** | | | | | | | | | | | | | | |
| **Sunday** | **Monday** | | **Tuesday** | | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | | |
|  | **1**  **Communicating with Your Child** | | **2 Child Abuse Awareness: Shaken Baby Syndrome** | | | **3** | | **4 Problem Solving, Decision Making & Compromise** | | **5**  **Living with ADHD** | | **6**  **Community Resources** | | |
| **7** | **8**  **Discipline vs. Punishment** | | **9**  **Stress Management for Parents** | | | **10** | | **11**  **Healthy Kids** | | **12**  **Respecting Differences** | | **13**  **Substance Abuse**  **&**  **Parenting** | | |
| **14** | **15**  **NO GROUP** | | **16**  **Managing Stress in Children** | | | **17** | | **18**  **Safety in the Home** | | **19**  **Peer Pressure** | | **20 Child Abuse Awareness: What is Child Abuse?** | | |
| **21**  **28** | **22**  **Promoting Self Esteem in Children** | | **23**  **Anger Management for Parents** | | | **24** | | **25**  **Meeting Your Child's Needs** | | **26**  **Money Management** | | **27**  **Family Nutrition** | | |
| **March 2021** | | | | | | | | | | | | | | |
| **Sunday** | **Monday** | | **Tuesday** | | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | | |
|  | **1 Anger Management in Children** | | **2 Promoting Self Esteem in Children** | | | **3** | | **4 Substance Abuse Prevention** | | **5**  **Open Discussion** | | **6**  **Helping Your Child Develop Empathy** | | |
| **7** | **8 Child Abuse Awareness: Shaken Baby Syndrome** | | **9 Problem Solving, Decision Making, Negotiation & Compromise** | | | **10** | | **11**  **Living with ADHD** | | **12**  **Four Elements of Connection** | | **13**  **Parenting Styles** | | |
| **14** | **15**  **Stress Management for Parents** | | **16**  **Healthy Kids** | | | **17** | | **18**  **Respecting Differences** | | **19**  **Substance Abuse and Parenting** | | **20**  **Child Development / Age-Appropriate Expectations** | | |
| **21** | **22**  **Managing Stress in Children** | | **23**  **Safety in the Home** | | | **24** | | **25**  **Peer Pressure** | | **26**  **Community Resources** | | **27**  **Communicating with Your Children** | | |
| **28** | **29**  **Open Discussion** | | **30 Child Abuse Awareness: Sexual Abuse Prevention** | | | **31** | | | | | | | | |
| **April 2021** | | | | | | | | | | | | | | |
| **Sunday** | **Monday** | | **Tuesday** | | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | | |
|  |  | |  | | |  | | **1**  **Money Management** | | **2**  **Family Nutrition** | | **3**  **Discipline vs. Punishment** | | |
| **4** | **5**  **Promoting Self Esteem in Children** | | **6**  **Substance Abuse Prevention** | | | **7** | | **8**  **Open Discussion** | | **9**  **Helping Your Child Develop Empathy** | | **10**  **Setting Limits/Family Rules** | | |
| **11** | **12 Problem Solving, Decision Making, Negotiation & Compromise** | | **13**  **Living With ADHD** | | | **14** | | **15**  **Four Elements of Connection** | | **16**  **Parenting Styles** | | **17**  **Anger Management for Parents** | | |
| **18** | **19**  **Healthy Kids** | | **20**  **Respecting Differences** | | | **21** | | **22**  **Substance Abuse and Parenting** | | **23 Child Development/Age-Appropriate Expectations** | | **24**  **Anger Management for Children** | | |
| **25** | **26**  **Safety in the Home** | | **27**  **Peer Pressure** | | | **28** | | **29**  **Community Resources** | | **30**  **Communicating with Your Children** | |  | | |
| **May 2021** | | | | | | | | | | | | | |
| **Sunday** | **Monday** | **Tuesday** | | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | | |
|  |  |  | | |  | |  | |  | | **1 Child Abuse Awareness: Shaken Baby Syndrome** | | |
| **2** | **3 Child Abuse Awareness: Sexual Abuse Prevention** | **4**  **Money Management** | | | **5** | | 6 **Child Abuse Awareness: What is Child Abuse?** | | **7**  **Discipline vs. Punishment** | | **8**  **Stress Management for Parents** | | |
| **9**  **Mother’s Day** | **10**  **Substance Abuse Prevention** | **11**  **Open Discussion** | | | **12** | | **13**  **Family Nutrition** | | **14 Setting Limits/Family Rules** | | **15**  **Managing Stress in Children** | | |
| **16** | **17**  **Living with ADHD** | **18**  **Four Elements of Connection** | | | **19** | | **20** **Helping Your Child Develop Empathy** | | **21 Anger Management for Parents** | | **22**  **Promoting Self Esteem in Children** | | |
| **23** | **24**  **Peer Pressure** | **25**  **Substance Abuse and Parenting** | | | **26** | | **27**  **Parenting Styles** | | **28**  **Open Discussion** | | **29**  **NO GROUP** | |
| **30** | **31**  **NO GROUP** |  | | |  | |  | |  | |  | |
| **June 2021** | | | | | | | | | | | | | | |
| **Sunday** | **Monday** | | **Tuesday** | | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | | |
|  |  | | **1**  **Community Resources** | | | **2** | | **3**  **Child Abuse Aware: SBS** | | **4**  **Discipline vs Punishment** | | **5 Problem Solving, Decision Making, Negotiating & Compromise** | | |
| **6** | **7**  **The Importance of Reading Aloud to your Children** | | **8**  **Family Nutrition** | | | **9** | | **10**  **Stress Management for Parents** | | **11**  **Setting Limits/Family Rules** | | **12 Healthy Kids** | | |
| **13** | **14**  **Open Discussion** | | **15**  **Helping Your Child Develop Empathy** | | | **16** | | **17**  **Managing Stress in Children** | | **18**  **Anger Management for Parents** | | **19 Safety in the Home** | | |
| **20**  **Father’s Day** | **21**  **Four Elements of Connection** | | **22**  **Parenting Styles** | | | **23** | | **24**  **Meeting Your & Your Child’s Needs** | | **25**  **Anger Management for Children** | | **26**  **Child Abuse Awareness: Sexual Abuse Prevention** | | |
| **27** | **28**  **Substance Abuse & Parenting** | | **29 Child Development & Age-Appropriate Expectations** | | | **30** | |  | |  | |  | | |