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| **January 2021** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |   |  |  |  | **1****NO GROUP** | **2****NO GROUP** |
| **3** | **4****Family Nutrition** | **5****Discipline vs. Punishment** | **6** | **7** **Stress Management for Parents** | **8****Healthy Kids** | **9** **Respecting Differences** |
| **10** | **11****Peer Pressure** | **12****Community Resources** | **13** | **14****Setting Limits/Family Rules** | **15****Managing Stress in Children** | **16** **Safety in the Home** |
| **17** | **18** **NO GROUP** | **19****Parenting Styles** | **20** | **21****Anger Management for Parents** | **22****Meeting Your and Your Child’s Needs** | **23 Child Abuse Awareness: Sexual Abuse Prevention** |
| **24** **31** | **25** **Money Management** | **26****Child Development / Age-Appropriate Expectations** | **27** | **28****Anger Management for Children** | **29****Substance Abuse Prevention** | **30****Open Discussion** |
| **February 2021** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **1** **Communicating with Your Child** | **2 Child Abuse Awareness: Shaken Baby Syndrome** | **3** | **4 Problem Solving, Decision Making & Compromise** | **5****Living with ADHD** | **6** **Community Resources** |
| **7** | **8****Discipline vs. Punishment** | **9****Stress Management for Parents** | **10** | **11** **Healthy Kids** | **12****Respecting Differences** | **13** **Substance Abuse****&****Parenting** |
| **14** | **15****NO GROUP** | **16** **Managing Stress in Children** | **17** | **18** **Safety in the Home** | **19** **Peer Pressure** | **20 Child Abuse Awareness: What is Child Abuse?** |
| **21** **28**  | **22****Promoting Self Esteem in Children** | **23** **Anger Management for Parents** | **24**  | **25****Meeting Your Child's Needs** | **26****Money Management** | **27****Family Nutrition** |
| **March 2021** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **1 Anger Management in Children** | **2 Promoting Self Esteem in Children** | **3** | **4 Substance Abuse Prevention** | **5****Open Discussion** | **6** **Helping Your Child Develop Empathy** |
| **7** | **8 Child Abuse Awareness: Shaken Baby Syndrome** | **9 Problem Solving, Decision Making, Negotiation & Compromise**  | **10** | **11** **Living with ADHD** | **12** **Four Elements of Connection** | **13** **Parenting Styles** |
| **14** | **15** **Stress Management for Parents** | **16****Healthy Kids** | **17** | **18****Respecting Differences** | **19****Substance Abuse and Parenting** | **20** **Child Development / Age-Appropriate Expectations**  |
| **21** | **22** **Managing Stress in Children** | **23****Safety in the Home** | **24** | **25****Peer Pressure** | **26** **Community Resources** | **27****Communicating with Your Children** |
| **28** | **29****Open Discussion** | **30 Child Abuse Awareness: Sexual Abuse Prevention** | **31** |
| **April 2021** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  | **1** **Money Management** | **2** **Family Nutrition** | **3****Discipline vs. Punishment** |
| **4** | **5****Promoting Self Esteem in Children** | **6** **Substance Abuse Prevention** | **7** | **8** **Open Discussion** | **9** **Helping Your Child Develop Empathy** | **10** **Setting Limits/Family Rules** |
| **11** | **12 Problem Solving, Decision Making, Negotiation & Compromise**  | **13****Living With ADHD** | **14** | **15** **Four Elements of Connection** | **16** **Parenting Styles** | **17** **Anger Management for Parents** |
| **18** | **19****Healthy Kids** | **20****Respecting Differences** | **21** | **22** **Substance Abuse and Parenting** | **23 Child Development/Age-Appropriate Expectations** | **24** **Anger Management for Children** |
| **25** | **26****Safety in the Home** | **27****Peer Pressure** | **28** | **29****Community Resources** | **30****Communicating with Your Children** |  |
| **May 2021** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  |  |  | **1 Child Abuse Awareness: Shaken Baby Syndrome** |
| **2** | **3 Child Abuse Awareness: Sexual Abuse Prevention** | **4****Money Management** | **5** | 6 **Child Abuse Awareness: What is Child Abuse?** | **7** **Discipline vs. Punishment** | **8** **Stress Management for Parents** |
| **9****Mother’s Day** | **10****Substance Abuse Prevention** | **11****Open Discussion** | **12** | **13** **Family Nutrition** | **14 Setting Limits/Family Rules** | **15****Managing Stress in Children** |
| **16** | **17****Living with ADHD** | **18** **Four Elements of Connection** | **19** | **20** **Helping Your Child Develop Empathy** | **21 Anger Management for Parents** | **22****Promoting Self Esteem in Children** |
| **23** | **24****Peer Pressure** | **25****Substance Abuse and Parenting** | **26** | **27** **Parenting Styles** | **28****Open Discussion** | **29****NO GROUP** |
| **30** | **31****NO GROUP** |  |  |  |  |  |
| **June 2021** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  | **1****Community Resources** | **2** | **3** **Child Abuse Aware: SBS**  | **4** **Discipline vs Punishment** | **5 Problem Solving, Decision Making, Negotiating & Compromise** |
| **6** | **7****The Importance of Reading Aloud to your Children** | **8****Family Nutrition** | **9** | **10****Stress Management for Parents** | **11****Setting Limits/Family Rules** | **12 Healthy Kids** |
| **13** | **14****Open Discussion** | **15****Helping Your Child Develop Empathy** | **16** | **17** **Managing Stress in Children**  | **18****Anger Management for Parents** | **19 Safety in the Home** |
| **20****Father’s Day** | **21****Four Elements of Connection** | **22****Parenting Styles** | **23** | **24** **Meeting Your & Your Child’s Needs**  | **25****Anger Management for Children** | **26**  **Child Abuse Awareness: Sexual Abuse Prevention** |
| **27** | **28****Substance Abuse & Parenting** | **29 Child Development & Age-Appropriate Expectations** | **30** |  |  |  |