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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **January 2020** | | | | | | | | |
| **Sunday** | | **Monday** | **Tuesday** | | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | | **NO GROUP** | **NO GROUP** | | **1** | **2**  **Office open**  **NO GROUP** | **3**  **Office open**  **NO GROUP** | **4**  **NO GROUP** |
| **5** | | **6**  **Family Nutrition** | **7**  **Discipline vs. Punishment** | | **8**  **PPG Graduation Celebration** | **9**  **Stress Management for Parents** | **10**  **Healthy Kids** | **11**  **Respecting Differences** |
| **12** | | **13**  **Peer Pressure** | **14**  **Community Resources** | | **15** | **16**  **Setting Limits/Family Rules** | **17**  **Managing Stress in Children** | **18 Safety in the Home**  ***PPG Workshop***  ***($25/3credits)-***  ***Healing From the Inside and Out*** |
| **19** | | **20**  **NO GROUP** | **21**  **Parenting Styles** | | **22** | **23**  **Anger Management for Parents** | **24**  **Meeting Your and Your Child’s Needs** | **25 Child Abuse Awareness: Sexual Abuse Prevention-CHIPS Clinic** |
| **26** | | **27**  **Money Management** | **28**  **Child Development / Age Appropriate Expectations** | | **29** | **30**  **Anger Management for Children** | **31**  **Substance Abuse Prevention** |  |
|  | | | | | | | | |
| **February 2020** | | | | | | | | |
| **Sunday** | | **Monday** | | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | |  | |  |  |  |  | **1**  **Open Discussion** |
| **2** | | **3**  **Communicating with Your Child** | | **4 Child Abuse Awareness: Shaken Baby Syndrome** | **5**  **PPG Graduation Celebration** | **6 Problem Solving, Decision Making & Compromise** | **7**  **Living with ADHD** | **8**  **Community Resources** |
| **9** | | **10**  **Discipline vs. Punishment** | | **11**  **Stress Management for Parents** | **12** | **13**  **Healthy Kids** | **14**  **Respecting Differences** | **15 Substance Abuse&Parenting *PPG Workshop ($25/3credits)-Separation/Visitation/Reunification*** |
| **16** | | **17**  **NO GROUP** | | **18**  **Managing Stress in Children** | **19** | **20**  **Safety in the Home** | **21**  **Peer Pressure** | **22 Child Abuse Awareness: What is Child Abuse?** |
| **23** | | **24**  **Promoting Self Esteem in Children** | | **25**  **Anger Management for Parents** | **26** | **27**  **Meeting Your Child's Needs** | **28**  **Money Management** | **29**  **Family Nutrition** |
|  | | | | | | | | |
| **March 2020** | | | | | | | | |
| **Sunday** | | **Monday** | | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **1** | | **2 Anger Management in Children** | | **3 Promoting Self Esteem in Children** | **4**  **PPG Graduation Celebration** | **5 Substance Abuse Prevention** | **6**  **Open Discussion** | **7 Helping Your Child Develop Empathy** |
| **8** | | **9 Child Abuse Awareness: Shaken Baby Syndrome** | | **10 Problem Solving, Decision Making, Negotiation & Compromise** | **11** | **12**  **Living with ADHD** | **13**  **Four Elements of Connection** | **14 Parenting Styles** |
| **15** | | **16**  **Stress Management for Parents** | | **17**  **Healthy Kids** | **18** | **19**  **Respecting Differences** | **20**  **Substance Abuse and Parenting** | **21 Child Development / Age Appropriate Expectations ($25/3credits)- Safe Kids for Parents** |
| **22**    **31** | | **23**  **Managing Stress in Children** | | **24**  **Safety in the Home** | **25** | **26**  **Peer Pressure** | **27**  **Community Resources** | **28**  **Communicating with Your Children** |
| **29** | **30**  **Open Discussion** | | | **31 Child Abuse Awareness: Sexual Abuse Prevention-CHIPS Clinic** |  | | | |
| **April 2020** | | | | | | | | |
| **Sunday** | | **Monday** | | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | |  | |  | **1**  **1st Pinwheel Planting** | **2**  **Money Management** | **3**  **Family Nutrition** | **4**  **Discipline vs. Punishment** |
| **5** | | **6**  **Promoting Self Esteem in Children** | | **7**  **Substance Abuse Prevention** | **8**  **PPG Graduation Celebration** | **9**  **Open Discussion** | **10**  **Helping Your Child Develop Empathy** | **11**  **Setting Limits/Family Rules** |
| **12** | | **13 Problem Solving, Decision Making, Negotiation & Compromise** | | **14**  **Living With ADHD** | **15** | **16**  **Four Elements of Connection** | **17**  **Parenting Styles** | **18**  **Anger Management for Parents** |
| **19** | | **20**  **Healthy Kids** | | **21**  **Respecting Differences** | **22** | **23**  **Substance Abuse and Parenting** | **24 Child Development/Age Appropriate Expectations** | **25**  **Anger Management for Children** |
| **26** | | **27**  **Safety in the Home** | | **28**  **Peer Pressure** | **29** | **30**  **Community Resources** |  |  |
| **May 2020** | | | | | | | | |
| **Sunday** | | **Monday** | | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | |  | |  |  |  | **1**  **Communicating with Your Children** | **2 Child Abuse Awareness: Shaken Baby Syndrome** |
| **3** | | **4 Child Abuse Awareness: Sexual Abuse Prevention-CHIPS Clinic** | | **5**  **Money Management** | **6**  **PPG Graduation Celebration** | **7** **Child Abuse Awareness: What is Child Abuse?** | **8**  **Discipline vs. Punishment** | **9**  **Stress Management for Parents** |
| **10** | | **11**  **Substance Abuse Prevention** | | **12**  **Open Discussion** | **13** | **14**  **Family Nutrition** | **15**  **Setting Limits/Family Rules** | **16 Managing Stress in Children**  **($25/3credits)-Bullying** |
| **17** | | **18**  **Living with ADHD** | | **19**  **Four Elements of Connection** | **20** | **21** **Helping Your Child Develop Empathy** | **22**  **Anger Management for Parents** | **23**  **NO GROUP** |
| **24**    **31** | | **25**  **NO GROUP** | | **26**  **Substance Abuse and Parenting** | **27** | **28**  **Parenting Styles** | **29**  **Open Discussion** | **30**  **Promoting Self Esteem in Children** |
| **June 2020** | | | | | | | | |
| **Sunday** | | **Monday** | | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | | **1**  **Peer Pressure** | | **2**  **Community Resources** | **3**  **PPG Graduation Celebration** | **4 Bess.- Child Abuse Aware: SBS**  **DH-Discipline vs Punishment** | **5** | **6 Problem Solving, Decision Making, Negotiating & Compromise** |
| **7** | | **8**  **Money Management** | | **9**  **Family Nutrition** | **10** | **13 Bess-Stress Man. for Parents**  **DH-Setting Limits/Family Rules** | **12** | **13 Healthy Kids** |
| **14** | | **15**  **Open Discussion** | | **16**  **Helping Your Child Develop Empathy** | **17** | **18 Bess-Manag. Stress in Children DH- Anger Manage. for Parents** | **19** | **20 Safety in the Home**  **PPGWorkshop ($25/3credits)-Grandparents as Parents** |
| **21** | | **22**  **Four Elements of Connection** | | **23**  **Parenting Styles** | **24** | **25 Bess-Meet. Your & Your Child’s Needs DH- Anger Manage. for Children** | **26**  **Please note from the beginning of June – August 7, 2020 Friday Bessemer Classes will be held on Thursday, same location, same time!!!** | **27 Child Abuse Awareness: Sexual Abuse Prevention-CHIPS Clinic** |
| **28** | | **29**  **Substance Abuse & Parenting** | | **30 Child Development & Age Appropriate Expectations** |  |  |  |  |