

# Exchange Club CAP Center's Positive Parenting Group Calendar

<b>July 2019</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Substance Abuse & Parenting	<b>2</b> Child Development/Age Appropriate Expectations	<b>3</b> PPG Graduation Celebration	<b>4</b> <b>Independence Day NO GROUP</b>	<b>5</b>	<b>6</b> Substance Abuse Prevention
<b>7</b>	<b>8</b> Community Resources	<b>9</b> Communicating with Your Children	<b>10</b>	<b>11</b> <b>Bess</b> -Problem Solving, Decision Making ... <b>DH</b> -Child Abuse Awareness: SBS	<b>12</b>	<b>13</b> Living with ADHD  <i><b>PPG Workshop (\$25/3 credits) Co-Parenting 101 &amp; 102</b></i>
<b>14</b>	<b>15</b> Child Abuse Awareness: What Is Child Abuse?	<b>16</b> <b>No Group</b>	<b>17</b>	<b>18</b> <b>Bess</b> -Healthy Kids <b>DH</b> -Stress Management for Parents	<b>19</b>	<b>20</b> Respecting Differences
<b>21</b>	<b>22</b> Family Nutrition	<b>23</b> Anger Management for Children	<b>24</b>	<b>25</b> <b>Bess</b> -Safety in Home <b>DH</b> -Stress Man.for Children	<b>26</b>	<b>27</b> Peer Pressure
<b>28</b>	<b>29</b> Parenting Styles	<b>30</b> Child Abuse Awareness: Shaken Baby Syndrome	<b>31</b>			

Office (205) 801-5151 Fax (205) 801-6040

Monday: Smithfield Library (11am-12pm); Tuesday: MLK Rec. Center (12 – 1);

Thursday: Don Hawkins (1-2pm); Friday: Lawson State CC- Center for Community Development Bessemer (10-11am);

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## August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1 Bess-Child Abuse Awareness: CHIPS Clinic DH-Meet Your &amp; Your Child's Nds</b>	<b>2</b>	<b>3 Money Management</b>
<b>4</b>	<b>5 Child Development/Age Appropriate Expectations</b>	<b>6 Anger Management for Children</b>	<b>7 PPG Graduation Celebration</b>	<b>8 Bess-Substance Abuse Prevention DH-Promoting Self-Esteem in Children</b>	<b>9</b>	<b>10 Open Discussion</b>
<b>11</b>	<b>12 Communicating with Your Children</b>	<b>13 Child Abuse Awareness: Shaken Baby Syndrome</b>	<b>14</b>	<b>15 Problem Solving, Decision Making, Negotiation &amp; Compromise</b>	<b>16 Living With ADHD</b>	<b>17 Your Child's Dental Health  PPG Workshop (\$25/3 credits)</b>
<b>18</b>	<b>19 Discipline vs Punishment</b>	<b>20 Stress Management for Parents</b>	<b>21</b>	<b>22 Healthy Kids</b>	<b>23 Respecting Differences</b>	<b>24 Community Resources</b>
<b>25</b>	<b>26 Setting Limits/Family Rules</b>	<b>27 Managing Stress in Children</b>	<b>28</b>	<b>29 Safety in the Home</b>	<b>30 Peer Pressure</b>	<b>31 NO GROUP</b>

**\*\*\*Please note: Beginning August 16<sup>th</sup> Bessemer classes return to Fridays\*\*\***

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Thursday: Don Hawkins (1-2pm); Friday: Lawson State CC- Center for Community Development Bessemer (10-11am);  
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## Exchange Club CAP Center's Positive Parenting Group Calendar

<b>September 2019</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>Labor Day NO GROUP</b>	3 <b>Meeting Your &amp; Your Child's Needs</b>	4 <b>PPG Graduation Celebration</b>	5 <b>Child Abuse Awareness: Sexual Abuse Prevention-CHIPS</b>	6 <b>Money Management</b>	7 <b>Helping Your Child Develop Empathy <i>PPG Workshop (\$25/3credits) The Power of Play</i></b>
8	9 <b>Anger Management for Children</b>	10 <b>Promoting Self Esteem in Children</b>	11	12 <b>Substance Abuse Prevention</b>	13 <b>Open Discussion</b>	14 <b>Safety Fair NO GROUP</b>
15	16 <b>Child Abuse Awareness: Shaken Baby Syndrome</b>	17 <b>Problem Solving, Decision Making, Negotiation &amp; Compromise</b>	18	19 <b>Living with ADHD</b>	20 <b>Your Child's Dental Health</b>	21 <b>Parenting Styles</b>
22	23 <b>Stress Management for Parents</b>	24 <b>Healthy Kids</b>	25	26 <b>Respecting Differences</b>	27 <b>Substance Abuse and Parenting</b>	28 <b>Child Development/Age Appropriate Expectations</b>
29	30 <b>Stress Management for Children</b>					

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<b>October 2019</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Safety in the Home	<b>2</b> PPG Graduation Celebration	<b>3</b> Community Resources	<b>4</b> Child Abuse Awareness: What is Child Abuse?	<b>5</b> Communicating with Your Children
<b>6</b>	<b>7</b> Meeting Your & Your Child's Needs	<b>8</b> Child Abuse Awareness: Sexual Abuse Prevention-CHIPS	<b>9</b>	<b>10</b> Peer Pressure	<b>11</b> Family Nutrition	<b>12</b> Discipline vs Punishment
<b>13</b>	<b>14</b> Columbus Day <b>NO GROUP</b>	<b>15</b> Substance Abuse Prevention	<b>16</b>	<b>17</b> Money Management	<b>18</b> Helping Your Child Develop Empathy	<b>19</b> Setting Limits/Family Rules  <i>PPG Workshop (\$25/3 credits)-Family Traditions</i>
<b>20</b>	<b>21</b> Problem Solving, Decision Making, Negotiation & Compromise	<b>22</b> Living with ADHD	<b>23</b>	<b>24</b> Open Discussion	<b>25</b> Parenting Styles	<b>26</b> Anger Management for Parents
<b>27</b>	<b>28</b> Healthy Kids	<b>29</b> Respecting Differences	<b>30</b>	<b>31</b> Your Child's Dental Health		

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<b>November 2019</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Child Development/Age Appropriate Expectations	<b>2</b> Anger Management for Children
<b>3</b>	<b>4</b> Safety in the Home	<b>5</b> Community Resources	<b>6</b> PPG Graduation Celebration	<b>7</b> Substance Abuse and Parenting	<b>8</b> Communicating with Your Children	<b>9</b> Child Abuse Awareness: Shaken Baby Syndrome
<b>10</b>	<b>11</b> Veteran's Day <b>No Group</b>	<b>12</b> Money Management	<b>13</b>	<b>14</b> Child Abuse Awareness: What is Child Abuse?	<b>15</b> Discipline vs Punishment	<b>16</b> Stress Management for Parents
<b>17</b>	<b>18</b> Substance Abuse Prevention	<b>19</b> Living With ADHD	<b>20</b>	<b>21</b> Thanksgiving Day <b>No Group</b>	<b>22</b> <b>No Group</b>	<b>23</b> <b>No Group</b>
<b>24</b>	<b>25</b> Community Resources	<b>26</b> Just Kids Dental	<b>27</b>	<b>28</b> Helping Your Child Develop Empathy	<b>29</b> Anger Management for Parents	<b>30</b> Meeting Your Child's Needs

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<b>December 2019</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>Respecting Differences</b>	3 <b>Substance Abuse and Parenting</b>	4 <b>PPG Graduation Celebration</b>	5 <b>Parenting Styles</b>	6 <b>Anger Management for Children</b>	7 <b>Promoting Self Esteem in Children</b>
8	9 <b>Peer Pressure</b>	10 <b>Child Abuse Awareness: What is Child Abuse?</b>	11	12 <b>Child Development/Age Appropriate Expectations</b>	13 <b>No Group</b>	14 <b>No Group</b>
15	16 <b>No Group</b>	17 <b>No Group</b>	18	19 <b>No Group</b>	20 <b>No Group</b>	21 <b>No Group</b>
22	23 <b>No Group</b>	24 <b>No Group</b>	25 <b>Christmas Day</b>	26 <b>No Group</b>	27 <b>No Group</b>	28 <b>No Group</b>
39	30 <b>No Group</b>	31 <b>New Year's Eve No Group</b>				

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